

NHCA Breakfast Menu

February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
03	04	05	06	07
Assorted WG Breakfast Loaf WG Cereal & Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	WG French Toast WG Cereal & Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	WG Breakfast Muffin WG Cereal and Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	Pancake and Sausage Patty WG Cereal and Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	WG Pizza Stick WG Cereal and Yogurt Assorted Fruit and Fruit Juice Low-fat Milk Options
10	11	12	13	14
Assorted WG Breakfast Loaf WG Cereal & Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	WG French Toast WG Cereal & Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	WG Breakfast Muffin WG Cereal and Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	Pancake and Sausage Patty WG Cereal and Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	WG Pizza Stick WG Cereal and Yogurt Assorted Fruit and Fruit Juice Low-fat Milk Options
17	18	19	20	21
Parent/Teacher Conference	WG French Toast WG Cereal & Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	WG Breakfast Muffin WG Cereal and Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	Pancake and Sausage Patty WG Cereal and Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	WG Pizza Stick WG Cereal and Yogurt Assorted Fruit and Fruit Juice Low-fat Milk Options

24	25	26	27	28
Assorted WG Breakfast Loaf	WG French Toast	WG Breakfast Muffin	Pancake and Sausage Patty	WG Pizza Stick
WG Cereal & Bear Grahams	WG Cereal & Bear Grahams	WG Cereal and Bear Grahams	WG Cereal and Bear Grahams	WG Cereal and Yogurt
Assorted Fruit and Fruit Juice	Assorted Fruit and Fruit Juice	Assorted Fruit and Fruit Juice	Assorted Fruit and Fruit Juice	Assorted Fruit and Fruit Juice
Low-fat Milk Options	Low-fat Milk Options	Low-fat Milk Options	Low-fat Milk Options	Low-fat Milk Options

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1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.