

NHCA Lunch Menu

February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
03	04	05	06	07
Chili w/Beans WG Cheese Stick Potato Smiles Fresh Baby Carrots Assorted Fruit Low-fat Milk Options	Chef Salad w/ Diced Ham (boiled egg, cheese, tomato) WG Crackers and Croutons Assorted Fruit Low-fat Milk Options	Chicken Noodle Soup (with a soda on the side) Soup crackers Sweet peas Glazed Carrots Assorted Fruit Low-fat Milk Options	Pork Roast with gravy Cornbread Steamed Cabbage Pinto Beans Assorted Fruit Low-fat Milk Options	WG Mexican Pizza Mexican Corn Fresh Carrots and Celery Assorted Fruit Low-fat Milk Options
10	11	12	13	14
WG Turkey Corndog Steamed Broccoli Fresh Carrots and Cucumbers Assorted Fruit Low-fat Milk Options	Spaghetti w/meatsauce Garlic Bread stick Green Beans Salad w/tomato Assorted Fruit Low-fat Milk Options	Chicken in gravy Cornbread Turnip Greens Glazed Carrots Assorted Fruit Low-fat Milk Options	Philly Cheesesteak Hotpocket Fries Assorted Vegetables Assorted Fruit Low-fat Milk Options	Chicken Tortilla Soup WG Tortilla Soup Mexican Corn Black Beans Assorted Fruit Low-fat Milk Options

Parent/Teacher Conference 17	18 Chef Salad w/ Diced Ham (boiled egg, cheese, tomato) WG Crackers and Croutons Assorted Fruit Low-fat Milk Options	19 Chicken Noodle Soup (with a soda on the side) Soup crackers Sweet peas Glazed Carrots Assorted Fruit Low-fat Milk Options	20 Pork Roast with gravy Cornbread Steamed Cabbage Pinto Beans Assorted Fruit Low-fat Milk Options	21 WG Mexican Pizza Mexican Corn Fresh Carrots and Celery Assorted Fruit Low-fat Milk Options
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24 WG Turkey Corndog Steamed Broccoli Fresh Carrots and Cucumbers Assorted Fruit Low-fat Milk Options	25 Spaghetti w/meatsauce Garlic Bread stick Green Beans Salad w/tomato Assorted Fruit Low-fat Milk Options	26 Chicken in gravy Cornbread Turnip Greens Glazed Carrots Assorted Fruit Low-fat Milk Options	27 Pork Roast with gravy Cornbread Steamed Cabbage Pinto Beans Assorted Fruit Low-fat Milk Options	28 WG Mexican Pizza Mexican Corn Fresh Carrots and Celery Assorted Fruit Low-fat Milk Options
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