

NHCA Breakfast Menu

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
02	03	04	05	06
WG Chocolate Chip Loaf WG Cereal & Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	Assorted WG Cereals and Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	WG Breakfast Muffin WG Cereal and Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	WG Cheese Toast WG Cereal and Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	Sausage Biscuit WG Cereal and Yogurt Assorted Fruit and Fruit Juice Low-fat Milk Options
16	17	18	19	20
WG Chocolate Chip Loaf WG Cereal & Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	Assorted WG Cereals and Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	WG Breakfast Muffin WG Cereal and Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	WG Cheese Toast WG Cereal and Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	Sausage Biscuit WG Cereal and Yogurt Assorted Fruit and Fruit Juice Low-fat Milk Options
23	24	25	26	27
WG Chocolate Chip Loaf WG Cereal & Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	Assorted WG Cereals and Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	WG Breakfast Muffin WG Cereal and Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	WG Cheese Toast WG Cereal and Bear Grahams Assorted Fruit and Fruit Juice Low-fat Milk Options	Sausage Biscuit WG Cereal and Yogurt Assorted Fruit and Fruit Juice Low-fat Milk Options

30	31			
WG Chocolate Chip Loaf	Assorted WG Cereals and Bear Grahams			
WG Cereal & Bear Grahams	Assorted Fruit and Fruit Juice			
Assorted Fruit and Fruit Juice	Low-fat Milk Options			
Low-fat Milk Options				

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